



January 13, 2020

Connected Health: From HIV in Rural Africa to Discharge Support in Canada's Largest Hospital

The age of virtual care of patients in the community is arriving. In 2005, Dr. Lester pioneered the use of mobile phones in patient's hands to support their HIV treatment in Africa (Lancet 2010). A digital health revolution is underway with multiple options to support patients remotely by an increasing repertoire of digital modalities. But how they are used varies in quality, reach, and effectiveness. Based on over a decade of research in multiple clinical settings and health conditions, and a recently launched project, WelTel H2home, aimed to engage patients and support virtual care transitioning home from Vancouver General Hospital, this session will cover the following objectives:

1. Describe the process and benefit of including patients and front-line healthcare workers in successful innovation and research
2. Discuss an overview of 'what works and what doesn't' for patient engagement in care using digital communications
3. Provide an outlook for transforming the BC and global health systems for more responsive and more efficient patient-centred care in the digital age.

Presenters **Dr. Richard Lester, MD, FRCPC**

Associate Professor UBC Department of Medicine, Division of Infectious Diseases
Co-Founder of WelTel Virtual Care

C2E2 Spotlight is held monthly on the second Mondays of the month from 12:00 pm to 1:00 pm in the VGH Research Pavilion, Room 700, 7th Floor, 828 West 10th Avenue, Vancouver, BC.

Visit www.C2E2.ca for information about previous and upcoming presenters or contact pamela.lee@ubc.ca.