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Health and Productivity Effects of Working From Home For Fraser Health Employees

SPPH and Fraser Health developed and conducted a health, productivity and wellness survey of Fraser Health employees working from home or virtually in June 2021. This survey used a validated e-working scale to assess association between work-life interference, organisational trust, work flexibility and productivity and physical and mental health as well as preferences to working at home or virtually. The survey results are being used by Fraser Health in supporting employees working from home. This presentation will focus on key survey findings, how Fraser Health used the survey findings and engage participants in the applicability of the findings to other health care work settings.

Presenters

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C2E2 Spotlight is held monthly on the second Mondays of the month from 12:00 pm to 1:00 pm in the VGH Research Pavilion, Room 700, 7th Floor, 828 West 10th Avenue, Vancouver, BC.

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