



## **April 14, 2025**

## Walking Together: Towards Meaningful Health Research By and With Indigenous Communities

This presentation will examine the historical role of Western health science as a tool of colonization and its contribution to Indigenous communities' distrust of Western institutions. We will introduce the Indigenous Health Research Unit at the Vancouver Coastal Health Research Unit, outlining its purpose and how we conduct and support health research across Vancouver Coastal Health. Additionally, we will discuss the responsibilities of Western-trained health scientists in acknowledging and addressing past and ongoing colonial harms in health research. At the end of the presentation attendees will be able to:

- 1. Explain how Western science has contributed to colonialism in Canada and its impact on the health and well-being of Indigenous Peoples.
- 2. Describe the role and function of the Indigenous Health Research Unit at the Vancouver Coastal Health Research Institute.
- 3. Identify concrete actions Western-trained scientists can take to address colonial harms and support Indigenous health sciences and scientists.

## **Presenters** Dr. Chenoa Cassidy-Matthews, PhD, MPH

Population Health Epidemiologist Indigenous Health Research Unit

Vancouver Coastal Health Research Institute

Dr. Andreas Pilarinos, PhD, MPP

Program Manager

Indigenous Health Research Unit

Vancouver Coastal Health Research Institute

C2E2 Spotlight is held monthly on Mondays from 12:00 pm to 1:00 pm. To attend in-person or virtually please contact pamela.lee@ubc.ca.